

# Holly A. Tomasello, MS, MHC-LP (P112560)

2575 Farrier Lane East Aurora, NY 14052 (716) 228-0401

htomasello@outlook.com

## PROFILE

Multifaceted, creative, license-eligible integrated counselor with diverse experience working with clients in human services, educational, and community settings. Possess working knowledge of Managed-Medicaid System; skilled in providing crisis intervention with person-centered planning, strengths-based approach to service design and implementation. Highly dedicated and skilled advocate for individuals with disabilities and complex medical needs including their circle of support.

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## EDUCATION

*Canisius College, Buffalo, NY*

**Master of Science: Clinical Mental Health Counseling**

2021

August

GPA: 3.92/4.00

*Daemen College, Amherst, NY*

Post Baccalaureate coursework in Counseling and Interviewing and Special Education

**Bachelor of Arts, Individualized Studies in Human Development and Educational Advocacy**

**Bachelor of Arts, Psychology**

May 2013

Cum Laude

GPA: 3.43/4.00

- Paiten J. Meyers-Brogan Scholarship (\$500 annual scholarship)
  - Completion of QPR Gate Keeper Training for Suicide Prevention Canisius College 10/2017
  - Daemen College Alumni Grant (\$3,000 per year for academic achievement)
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**Clinical Mental Health Counseling Internship (300 hours)**

June

2021

**Crisis Text Line, remote**

- Provided peer-supported, paraprofessional crisis counseling to texters following a data-driven, 5-stage conversation model including information and referral
- Provide crisis intervention strategies that emphasize self-empowerment and strength-based approaches
- Engage in ongoing supervision to review conversations, receive constructive feedback to improve skills, and discuss implementation of techniques
- Attend professional development training and provide peer-to-peer feedback

**Clinical School Counseling Internship (300 hours)**

**Clarence High School, Clarence NY**

September 2019 – January 2020

- Collaborated with educational professionals and parents/guardians regarding students' academic, career development, and social-emotional needs
- Conducted individual counseling sessions that encompassed techniques and strategies to enhance educational success
- Met with students to discuss scheduling, college planning, academic performance, and social-emotional well-being including crisis intervention
- Attended administrative meetings including department, Response to Intervention (RTI), and Committee on Special Education (CSE)
- Engaged in supervision and professional development training to enhance skill level and knowledge base including discussion of constructive feedback and learning experiences
- Developed a post-secondary needs assessment for distribution to designated faculty within the Clarence Central School District and created a hypothetical action plan based on previous research and current survey data

**Clinical Mental Health Practicum (100 hours)**

**Kenton Family Support Center, Kenmore, NY**

February 2019 – May 2019

- Direct observation of live family counseling sessions utilizing a team-oriented, solution-focused approach.
  - Engaged in consultation with team members to collaboratively develop appropriate treatment strategies.
  - Conducted individual therapy sessions under clinical supervision.
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## PROFESSIONAL AND CLINICAL EXPERIENCE

***Certified Independent Support Broker, People, Inc., Buffalo, NY***

March 2019 –

May 2022

- Authorization number: 10596
- Developed and maintained self-directed plans in alignment with person-centered Life Plans and individual needs.
- Familiarity with various software and documentation systems implemented by care coordination organizations and partnering agencies.
- Twelve hours of annual professional development training; certificates of completions/attendance available upon request.

***Peer Facilitator, Center for Self-Advocacy, Inc., Buffalo, NY***

April

2017-December 2017

- Facilitated workshops on self-advocacy and related topics for people with developmental disabilities in an effort to foster empowerment and self-determination.

***Student Disability Advocate/Consultant, Daemen College, Amherst, NY***

November 2013 -

April 2015

- Assisted in the identification of academic, social, and management deficits by providing strategies to increase and build self-advocacy skills

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## COMMUNITY INVOLVEMENT

***Crisis Text Line, New York, NY***

March 2019-present

- Provide peer-supported, paraprofessional crisis counseling to texters by following a data-driven, 5-stage conversation model

***People Incorporated, Amherst, NY, Generating Alternative Possibilities (GAP)***

August 2014

- Served as a committee representative advocating for people with developmental disabilities in an effort to improve quality of life

***Compeer of Greater Buffalo, Buffalo, NY***

July 2014- February 2016

- Provided one on one mentorship, socialization, and support to individuals with mental health diagnoses

***Community Services for Every 1: Project COACH, Buffalo, NY***

August 2011 -

December 2011

- Provided after-hours assistance to individuals with developmental disabilities in the areas of community outreach and crisis intervention
- Helped individuals with developmental disabilities build the skills necessary to live independently and integrate into society

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## RESEARCH, PRESENTATIONS AND ACKNOWLEDGEMENTS

***Treating the Whole Person: A Trauma Informed Perspective***

- Guest Speaker in PT 530, Psychosocial Aspects of Health and Disability, Daemen College, Amherst, NY March 2020-present

***Living with Cerebral Palsy: Holly's Story***

- Guest Speaker in OTAP230: Pediatric Development Interventions, Bryant & Stratton College, Greece, NY March 2020 - present
- Guest Speaker in OT 120, Human Occupation Across the Life Span, Erie Community College, Williamsville, NY April 2012-April 2014

***Effectiveness of Transition Services and Support for Students in the Special Education System***

- Developmental Disabilities Awareness Day, Niagara Falls Conference & Events Center, Niagara Falls, NY May 23, 2013
  - Presented undergraduate thesis titled, Effectiveness of transition planning and support for students in the special education system
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## PROFESSIONAL DEVELOPMENT

**EMDR + IFS Parts Protocol Foundational Training: EMDR Training Group, August 2024**

**EMDR Basic Training: EMDR Training Group, February 2024**

**Transgender & Gender Non-Binary (TGNB) Clients: Clinical Issues and Treatment Strategies, Pesi, Inc., February 2023**

**Supporting Clients in Psychologically Abusive Relationships, NYS Mental Health Counseling Association, January 2023**

**Dialectical Behavior Therapy Certification Training, PESI, Inc., May 2022**

**Social Emotional & Sensorimotor Regulation Strategies: Holistic Approaches for Anxiety, Autism, Sensory Disorders, ADHD, Developmental Disorders, Down Syndrome and Cerebral Palsy (Online Course), Psychotherapy Networker, June 2021**

**Staff Development Day, the 7 Habits of Highly Effective People, Clarence Central School District, November 2019**

**Annual Counseling Seminar by Department of Counseling and Human Services, Coping with Grief and Loss: the New Normal, Canisius College, November 2019**

**American School Counselors Association Conference, Revolutionary Ideas, Boston MA, June-July 2019**  
\*Workshops attended upon request

**New York State School Counselors Association Conference, School Counselors: Prepared to Lead the Way, Syracuse NY, November 2017**  
\*Workshops attended upon request

**POMs Administrator, People Incorporated, Amherst, NY**  
Certified May 2015

- Assess the quality of life for individuals with developmental disabilities and determine areas of satisfaction and needs for improvement
- Offer recommendations based on outcome measures and individual needs

**Autism Society, Western New York Chapter and Autism Services, Sensory, Emotional, and Behavioral Regulation in Individuals with ASD, D'Youville College, September 2014**

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## PROFESSIONAL MEMBERSHIPS AND CERTIFICATIONS

**New York State Certified Self-Directed Broker, May 2018 – May 2021**

- Certified by Western New York Regional Office for People with Developmental Disabilities
- Trained and certified to develop self-directed plans and provide budgetary support to individuals with developmental disabilities to maintain services
- **Current Member, American Counseling Association, Member since April 15, 2016 (#6449902)**
- Affiliated Institution, Canisius College
- **Current Member, The American Mental Health Counselors Association, Member since September 3, 2018 (#55494072)**
- Affiliated Institution, Canisius College
- **NYS Mental Health Counselor Association Buffalo/Niagara Chapter, Member since September 2022 (11393)**
- **Current Member, American School Counselor Association, Member since September 3, 2018 – 2020 (#264304)**
- Affiliated Institution, Canisius College
- **Current Member, New York State School Counselor Association, Internal Member from September, 2017-September, 2020 (#469712)**
- Affiliated Institution, Canisius College